

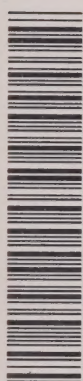
The Government of Canada and youth

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Canada

Ministry of Youth

On January 10, 1984, as this booklet was going to press, the Government of Canada announced the creation of a Ministry of State for Youth.

This new portfolio reflects the government's intention to intensify its efforts for young Canadians. The Minister of State for Youth will work closely with the Minister of Employment and Immigration to co-ordinate the government's youth employment programs, and will assume responsibility for Canada's participation in the International Year of Youth.

Addresses and telephone numbers listed in this publication are not affected by creation of the new ministry.

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Cat. No. CP46-2/8-1984E


ISBN 0-662-92455-X

308-E (1-84)



Canadian Unity
Information Office

Centre d'information
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The Government of Canada

and youth

The Government of Canada offers a variety of programs and services to all citizens. This booklet describes many of those intended especially for young people. Since the publication is not exhaustive, readers are encouraged to consult with the appropriate federal departments and agencies for additional information.

This is one of a series of booklets on federal programs and services. To obtain others in the series, please refer to the listing and order form at the back of this publication.

Note: This publication is also available in French

Note: Cette brochure est également disponible en français

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Joining the work force

Once you finish school, the Government of Canada can help you to get off to a good start. This section covers the main steps you should take to find a job. It also provides information about programs and services available to you.

Social Insurance Number

When you apply for a job you must show your Social Insurance Number (SIN) card. If you don't have one, visit your local **Canada Employment Centre** and complete the application form.



You must also show proof of your identity as a Canadian citizen or a landed immigrant. If you are a Canadian citizen, you would submit your birth certificate or a certified copy of it and one other piece of identification, such as your driving licence, passport or baptismal certificate. A landed immigrant should submit a Canadian immigration identification record and one other piece of identification.

Because the Canada Employment Centres cannot be responsible for the safety of original documents sent through the mail, you are encouraged to bring them in yourself.

Canada Employment Centres (CECs)

Your local Canada Employment Centre is also the place to start if you are looking for a job. There are more than 450 CECs across Canada, operated by the **Canada Employment and Immigration Commission (CEIC)**.

Hundreds of **Canada Employment Centres for Students**, open from April to September in a number of Canadian cities, help students looking for summer jobs. On most college and university campuses in Canada, CECs provide counselling and placement services to post-secondary students.

Check your local telephone book for the nearest Canada Employment Centres.

Counselling

CECs can provide counselling services and information on thousands of occupations. The counsellor also has aptitude and interest tests that can be used to suggest suitable jobs. In some CECs, a computerized counselling system called **CHOICES** is also available.

The counsellor can help you select a career goal and plan a program to reach it; refer you to vacancies, and teach you job search skills. For more information, contact your local CEC.

Mobility

The **Manpower Mobility Program** was designed to enable workers whose skills are not needed in their home areas to find jobs in other parts of the country. If you are 18 years of age or older and you are unemployed, underemployed or about to become unemployed, you may apply through your CEC for a grant to help you travel to accept temporary work or relocate for a permanent job.

Training

Since we live in a time of constant technological change, it is necessary to receive specialized training. As well we must be prepared for constant changes in the economy. In order to help Canadians increase their skills, to enable them to find jobs in areas where the demand is high, the federal government has set up a series of training programs, some of them specifically for young people.

National Training Program

If you are registered in a training course under this program, the federal government will pay your tuition fees. You may also be eligible to receive a training allowance or **Unemployment Insurance** benefits. In some cases, you may be paid an allowance to cover travel and living-away-from-home expenses, the cost of commuting or expenses related to the care of dependants.

National Institutional Training Program

Young people interested in any of a variety of technical fields, such as computer science or electronics, should look into this program. Most of the training takes place in a classroom but some of it is given on the job.

In addition, in order to help more young people gain access to skill training, Employment and Immigration Canada offers **Basic Training for Skill Development**, which covers grades 7 to 12, focusing on mathematics, science and oral and written communications.

National Industrial Training Program

Employment and Immigration Canada pays some employers under this program to permit workers to earn a salary while learning a skilled occupation such as tool and die making or aircraft instrument mechanics.

Courses are also offered for workers whose jobs have been affected by new technology. Women interested in

non-traditional occupations may also be eligible for training.

Training just for youth

Special youth training projects are available in Montreal, Halifax and Winnipeg. These are for people between the ages of 18 and 23 who left school before finishing grade 10. Six-month courses combine classroom and work-oriented training.

Other training programs

Work Adjustment Training, Job Readiness Training and **Occupational Orientation Courses** can teach you methods and techniques for finding and keeping a job or for learning to set career goals. Training provides practical experience in a variety of trades to assist you in selecting one which is best suited to your abilities. For information on these and other training courses, contact a counsellor at your local CEC.

Employment programs

Creating jobs

To reduce unemployment in communities severely affected by the recession, the federal government has set up short-term employment programs that may lead to permanent jobs.

The **Canada Works Program** creates jobs lasting from six to 52 weeks, with special emphasis on regions where unemployment is high. To qualify, you must be unemployed for at least eight weeks.

If lack of education, training or work experience are obstacles preventing you from finding a job, the **Job Corps** can help you find temporary work. Advanced counselling is also available to help you find a permanent job.

LEADIng the way

Then there is the **Local Employment Assistance and Development Program (LEAD)**, which operates in a number of communities where there is high unemployment. The federal government provides funds to local organizations to set up businesses that can provide permanent jobs. The community where you live may benefit from this program, whose goal is to ensure local employment growth. Contact your nearest CEC for more information on these programs.

Public service of Canada

If you would like to pursue a career in the federal public service, application forms are available from the regional offices of the **Public Service Commission (PSC)**, or at your local Canada Employment Centre. A pamphlet called *Joining the Public Service* is available from PSC regional staffing offices.

Information on careers in the public service is also available on all university, community college and CEGEP campuses. If you are about to receive a degree or diploma, consult your placement officer and ask to see the PSC's brochures and pamphlets.

The Public Service Commission has offices in 14 Canadian cities: St. John's, Charlottetown, Halifax, Moncton, Quebec, Montreal, Ottawa, Toronto, Winnipeg, Regina, Edmonton, Yellowknife, Vancouver and Whitehorse. Consult your telephone directory under Government Services, or write to:

Public Service Commission
Staffing Programs Branch
L'Esplanade Laurier
West Tower, 16th Floor
300 Laurier Avenue West
Ottawa, Canada
K1A 0M7
Tel.: (613) 996-5010

Canadian Forces

The **Canadian Armed Forces** handles its own recruiting of personnel. Young men and women are given the opportunity to learn specialized skills and professions and apply them wherever they are needed in Canada or abroad.

Applicants must be Canadian citizens who are physically fit according to Canadian Forces standards and who meet certain other requirements.

The forces also offer a number of special programs for officer candidates.

The **Regular Officer Training Program (ROTP)** makes scholarships available for studies at a military college or a civilian university.

The **Officer Candidate Training Program (OCTP)** offers training and military instruction for an operational career in the navy, army or air force.

Under the **Direct Officer Entry Plan (DOEP)** candidates are enrolled directly in the Canadian Forces if they

have a university degree, a technical certificate or a registered nursing certificate.

The **Dental Officer Training Plan (DOTP)** offers scholarships for up to 45 months in a dental school, and the **Medical Officer Training Plan (MOTP)** provides scholarships for study at a medical school, including internship, for a maximum of 45 months.

For further information, contact your nearest Canadian Forces Recruiting Centre, listed under “Recruiting” in the yellow pages of your telephone directory or you can write to:

Director
Recruiting and Selection
National Defence Headquarters
Ottawa, Canada
K1A 0K2

The “Mounties”

If you are interested in protecting our nation’s security and enforcing its laws, the **Royal Canadian Mounted Police** may be the challenge you’re seeking.

To be eligible, you must be a Canadian citizen 18 years of age or older, be in good health and have completed secondary school or equivalent. For further information, contact the nearest RCMP detachment or write to:

The Commissioner
Royal Canadian Mounted Police
1200 Alta Vista Drive
Ottawa, Canada
K1A 0K2
Tel.: (613) 993-9590

The Coast Guard

The **Canadian Coast Guard College** at Sydney, Nova Scotia, trains navigation and marine engineering officers under its **Officer Training Plan**. Applicants must have successfully completed secondary school and have taken college preparatory courses in mathematics, physics and French or English. For more information, write to:

Registrar's Office
Canadian Coast Guard College
P.O. Box 3000
Sydney, Nova Scotia
B1P 6L1
Tel.: (902) 562-8550

Foreign service

The Department of External Affairs is responsible for directing and managing Canada's active and growing role in an increasingly complex international environment. Among the department's principal responsibilities are Canada's diplomatic relations, commercial and trade activities abroad, immigration and consular services, foreign aid programs, the conduct of information and cultural programs.

For men and women interested in a career that alternates between periods at headquarters and at posts all over the world, the Department of External Affairs recruits officers through competitions, usually held once a year.

Information concerning this competition may be obtained from the Department of External Affairs, the Public Service Commission, Canada Employment Centres, universities, Canadian missions abroad, or by writing to:

Personnel Management Branch
Department of External Affairs
Lester B. Pearson Building
Ottawa, Canada
K1A 0G2
Tel.: (613) 992-7480

Summer employment

If you're helping to finance your education, finding a summer job may be one of your chief concerns. Each year the federal government operates student summer employment programs to help you in your job search. You not only earn money, but gain practical experience that will be useful when you finish school and begin your career.

The **Canada Works Program** also focuses on creating summer jobs for students who plan to return to school in the fall. The jobs offered last six to 18 weeks and involve producing goods and services that are useful to the community.

There is also the **Career-Access Program**, under which full-time students who plan to continue their studies in the fall may be eligible for employment. Summer training for six to 18 weeks enables students to gain work experience in a field related to their studies.

If you are interested in either of these programs, ask for further information at your local CEC or CEC for students. Don't forget that other summer jobs are offered in your area. The staff of the CECs for students will be glad to show you a list of such jobs.

Native Internship Program

This program provides native youth with summer work experience in the Canada Employment and Immigration Commission and with an opportunity to learn about counselling and placement activities. Information is available at Canada Employment Centres.

Cadets

The **Cadet Corps** (army, navy and air) are open to youth between the ages of 12½ and 18 years and are sponsored by school boards, Canadian Forces units, service clubs and other groups in cities and towns across Canada. Each summer more than 19,000 cadets receive training through the **Summer Camp Program**. For further information contact the following:

Navy League of Canada
4 Queen Elizabeth Drive
Ottawa, Canada
K2P 2H9
Tel.: (613) 232-2784

Army Cadet League of Canada
4 Queen Elizabeth Drive
Ottawa, Canada
K2P 2H9
Tel.: (613) 996-9582

Air Cadet League of Canada
424 Metcalfe Street
Ottawa, Canada
K2P 2C3
Tel.: (613) 235-1409

Special employment programs

All Government of Canada departments and some private employers have begun to adopt affirmative action measures to help certain groups obtain their fair share of jobs. Women, native people and handicapped persons of all ages have access to special services, some of which are known as **Outreach projects**.

In several cities across Canada, **Women's Employment Counselling Centres** offer counselling, testing and training services specially geared to women.

A variety of services are also offered to native women at a number of CECs by counsellors trained in native employment issues.

A **Career-Access Program** for young people with physical or mental disabilities helps them to gain experience while earning a salary, part of which is paid by the federal government. For further information on these programs, contact your nearest CEC.

Financial aid

In order to encourage young people to continue their studies beyond secondary school, the federal government provides loans, grants and bursaries.

Student loans

The **Canada Student Loans Program** provides financial aid to full-time and part-time post-secondary students.



Qualifying full-time students may borrow up to \$100 for each week of post-secondary education, depending on the individual's needs. For part-time students, the loan may not exceed \$2,500. Loans are made by chartered banks or other approved financial institutions.

If you're a full-time student, the federal government will pay the interest on the loan during the time you remain at school and for six months after. You can then take up to 9½ years to repay.

Loans to part-time students are not interest-free and repayment begins 30 days after the loan is granted. If a full-time or part-time student is unemployed or tem-



porarily unable to work due to illness or disability, the federal government will pay the interest for a maximum of 18 months.

Interest exemption forms may be obtained from banks, Canada Employment Centres, collection agencies working on behalf of the Canada Student Loans Program and from the **Student Assistance Directorate** of the **Secretary of State Department**.

For disabled and handicapped students, the Government of Canada does not require repayment of student loans if the student can prove that repayment will result in financial hardship. Disabled or handicapped students should contact the bank which issued the loan.

The Student Loans Program is financed by the federal government, but applications are processed by provincial and territorial authorities. More information is available from the educational institution you are attending, from provincial/territorial education departments, or by writing to:

Canada Student Loans Program
Education Support Branch
Secretary of State
P.O. Box 2090
Station D
Ottawa, Canada
K1P 6C6

Tel.: (819) 994-1844 or call toll-free 1-800-567-9602.

Quebec has its own student assistance plan and each year receives a payment from the federal government equal to the administrative costs that would have been incurred had Quebec participated in the federal program. Students living in Quebec should contact:

Service of Loans and Bursaries
Department of Education
1035, rue de Lachevrotière
Quebec, Quebec
G1R 5A5

Research grants

Young people wishing to obtain financial assistance to continue postgraduate studies or conduct research may be able to receive help from one of the organizations described in the paragraphs that follow.

The **Social Sciences and Humanities Research Council (SSHRC)** offers various scholarships, fellowships and grants. On university campuses, information may be obtained from the Dean of Graduate Studies, the Officer of Research Administration, the Registrar, or the Student Awards Officer. Further information may be obtained by writing to the SSHRC and asking for the leaflet, *Grants Programs*.

Social Sciences and Humanities

Research Council (SSHRC)

P.O. Box 1610

Ottawa, Canada

K1P 6G4

Tel.: (613) 992-0682

The **Natural Sciences and Engineering Research Council (NSERC)** offers scholarships and research grants to students at the master's and doctoral levels and summer research awards for undergraduates. Details are available in a brochure entitled *Scholarships and Fellowships Guide*, which may be obtained by writing to:

Scholarships Division

Natural Sciences and Engineering

Research Council (NSERC)

Ottawa, Canada

K1A 0R6

Tel.: (613) 993-2454

The **Medical Research Council (MRC)** provides grants and awards to medical research trainees. **Centennial Fellowships** are also offered to some applicants for clinical or interdisciplinary research. As well, the MRC awards a certain number of grants each year to Canadian medical, dental and pharmacy schools to enable undergraduates to acquire research experience during the sum-

mer. Write for the publication *Grants and Awards Guide*, available from:

Medical Research Council (MRC)
Health and Welfare Canada
20th Floor
Jeanne Mance Building
Tunney's Pasture
Ottawa, Canada
K1A 0W9
Tel.: (613) 996-8172

Indian and Inuit students

The **Post-Secondary Education Assistance Program** for Canadian Indians and Inuit is funded by the **Department of Indian Affairs and Northern Development (DIAND)** and administered by that department. The program makes post-secondary education more readily accessible and is designed to improve the employment prospects of eligible Canadian Indians and Inuit. It also creates a source of qualified native Canadians to help meet the managerial and professional needs of Indian and Inuit communities.

Further information may be obtained from an education officer or counsellor of the Department of Indian Affairs and Northern Development, your local Indian band education counsellor, or by writing to DIAND at the address below.

Cultural Grants Program for Canadian Indians

The objective of this program is to help Indian artists (painters, sculptors, musicians, dancers) to pursue their careers, and to make others aware of our native art.

Registered status Indians who live permanently in Canada can benefit from this program. Organizations formally recognized by Indian band councils or by provincial Indian associations may also apply for grants.

For more information on both post-secondary education assistance and cultural grants, write to:

Education Branch
Department of Indian Affairs and
Northern Development
Ottawa, Canada
K1A 0H4
Tel.: (819) 994-3555

Official languages in education

The programs described below are financed by the Department of the Secretary of State and administered by the provinces and the territories. For further information, contact the department of education of your province or territory.

The **Official Language Monitor Program** enables a number of post-secondary students to work part-time helping teachers of English or French as a second language while carrying on with their own studies. The program also provides for a limited number of teaching positions. Applicants must be Canadian citizens or permanent residents.

The mother tongue of candidates must be either English or French, or students must have mastered one of these languages to the satisfaction of the provincial department of education.

Candidates must be enrolled full-time in a Canadian post-secondary program, usually in a province other than their province of residence.

The **Summer Language Bursary Program** helps Canadian post-secondary students to take six-week immersion courses in their second official language at an educational institution in their home province or in another province. Under this program, bursaries are granted to students belonging to the francophone minority outside Quebec who wish to improve their knowledge of their mother tongue.

Official Language Fellowships are offered to post-secondary students who wish to pursue their studies in

their second official language and to minority official language students who wish to pursue their studies in their own language.

Travel bursaries

The Secretary of State offers **Travel Bursaries** to post-secondary students of the minority official language group who are unable to pursue studies in their first official language in their own province or within reasonable commuting distance.

The financial aid programs described above are by no means all that the Government of Canada has to offer. Assistance is available to post-secondary students from other departments, including **Environment Canada, Health and Welfare Canada, Fitness and Amateur Sport** and **Veterans' Affairs**. The publication entitled *Guide to Federal Sources of Financial Aid for Canadian Post-Secondary Students*, prepared by the Secretary of State, lists the departments and agencies that offer grants and awards as well as eligibility requirements and addresses for further information. This brochure may be obtained by writing to:

Student Assistance Directorate
Secretary of State
P.O. Box 2090
Station D
Ottawa, Canada
K1P 6C6
Tel.: (819) 994-1844

Staying healthy ... it's up to you

It's sad to say, but when we're young we often take chances with our health ... and live to regret it. The **Department of Health and Welfare Canada** is concerned with the physical and mental health of all Canadians. But health and well-being are influenced by lifestyle, which is learned and cultivated in childhood and adolescence. Don't wait till tomorrow, when it may be too late. And while you're at it, take a look at the programs and services offered by the Government of Canada to help you keep yourself in good health.

Dialogue on drinking

This is an educational program, particularly aimed at people between the ages of 15 and 29, because it is during this period that alcohol consumption habits may be acquired. It is designed to prevent problems before they develop.

The Dialogue program uses nationwide television, radio and newspaper advertising to deliver its central message, which is *moderation*. Posters, buttons, brochures, bookmarks, coasters and so on, using the same themes as the ads, reinforce the program's messages and raise the level of awareness. Local community projects organized by volunteer groups support the program and are essential to its success.

For further information, contact your provincial or territorial drug control agency, or write to:

Health Promotion Directorate
Health and Welfare Canada
Jeanne Mance Building
Tunney's Pasture
Ottawa, Canada
K1A 1B4
Tel.: (613) 996-1513

You don't need to smoke

Health and Welfare Canada is also embarked on a campaign to persuade young people to reach adulthood without taking up smoking. The program has developed a positive approach based on the slogan *A broken cigarette is a little freedom gained*. The campaign symbol is a small human figure breaking a cigarette in half, representing the *Breakaway Generation*.

An advertising and promotion campaign is part of the program. Educational materials are also provided and support given to community projects. For further information, write to:

“Generation of Non-Smokers”
Health and Welfare Canada
4th Floor
Jeanne Mance Building
Ottawa, Canada
K1A 1B4
Tel.: (613) 996-1403

Cannabis information

Health and Welfare Canada has published a booklet designed to provide young people and their parents with information on cannabis and to help them to discuss the problem in an open and constructive way. This booklet entitled *Stay Real* will promote a better understanding of the risks involved in using any of the major forms of this drug: marijuana, hashish and hashish oil. To obtain a copy, write to:

Health Promotion Branch
Health and Welfare Canada
Jeanne Mance Building
Tunney's Pasture
Ottawa, Canada
K1A 1B4
Tel.: (613) 996-1513

Seeing Canada first

Reduced fares

The Government of Canada encourages young people to see more of our country. Fare structures authorized by the **Canadian Transport Commission** permit **Air Canada** and the other Canadian airlines as well as **Via Rail** to offer a wide variety of reduced fares.

For example, students between the ages of 12 and 21 can take advantage of a 40-per cent reduction on most domestic airline flights, except during peak travel periods. Seats cannot be reserved, but the savings may well be worth the time spent waiting on standby. Keep in mind also that at some periods of the year even greater discounts are available to the general public.

For those who prefer travelling by train, Via Rail Canada offers reductions of 15 per cent to groups of three to six persons and reductions of 20 per cent to groups of seven to 29 persons. Details are available from your local Via Rail office.

Since the policy on fare reductions may change from time to time, it's best to check with your nearest airline or Via Rail office, or consult a travel agent.

Katimavik

An Inuit word for "meeting place," Katimavik is a national youth program funded by the federal government. Its objectives are to serve Canadian communities, to aid in the personal development of participants, to encourage their awareness of the environment and to provide them with opportunities for a greater understanding of our country.

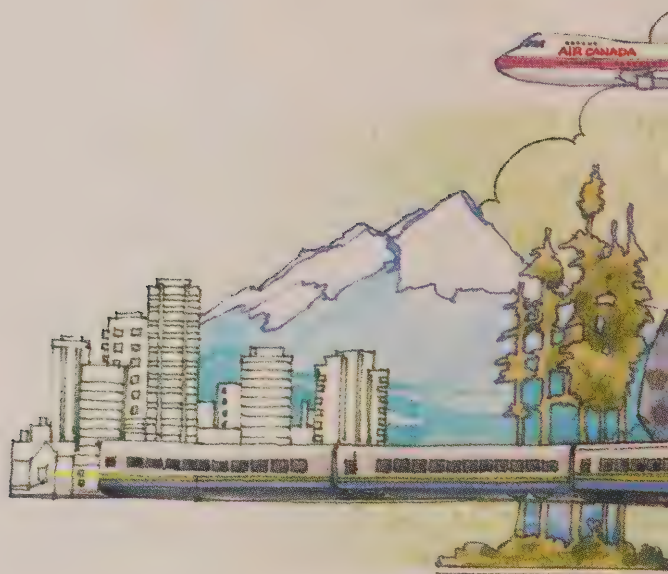
Participants are assigned to three successive projects in three different provinces. One of the assignments takes place in a French-speaking environment.

Projects are developed in co-operation with local communities and might involve such activities as environmental

clean-up, trail-cutting, improvement of recreational facilities, aiding the elderly and handicapped, and working with children and youth in day care or recreation centres.

Katimavik volunteers receive food, lodging, transportation and an allowance of one dollar per day. They also receive an honorarium of \$1,000 upon completion of the program.

Applicants must be Canadian citizens or landed immigrants, single, and between the ages of 17 and 21. For further information, check with any of the Katimavik regional offices, which are located in Toronto, Halifax,



Saskatoon and Vancouver. You may also contact the liaison office in Ottawa or write to:

Katimavik National Office
2270 Pierre-Dupuy Avenue
Cité du Havre
Montreal, Quebec
H3C 3R4
Tel.: (514) 861-9901

Terry Fox Centre

Supported in part by the federal government, the **Terry Fox Canadian Youth Centre** in Ottawa is a residential



conference facility for young people, named in honour of an authentic Canadian hero. Its goal is to foster a spirit of understanding and fraternity among young Canadians. The centre's week-long programs focus on a central theme, Canadian institutions, with seminars, case studies and guided tours.

The participants, who represent all parts of Canada, must be students 16 or 17 years of age. For further information, write to:

Terry Fox Canadian Youth Centre
P.O. Box 7279
Ottawa, Canada
K1L 8E3
Tel.: (613) 744-1290

Visits and exchanges

The **Society for Educational Visits and Exchanges in Canada (SEVEC)** is a volunteer agency, supported in part by the federal government, whose goal is to promote and organize educational exchanges and visits for Canadians between the ages of eight and 18 years. Anglophone and francophone students are carefully paired and visit each other's homes during the summer. For further information, write to:

SEVEC
Office 505
1580 Merivale Road
Ottawa, Canada
K2G 4B5
Tel.: (613) 998-3760 or (613) 224-2387

Explore Canada

The **Open House Canada** program helps young Canadians to discover other parts of Canada and to better understand the people who live there through visits between "twin" groups. It is open to young people between the ages of 14 and 22 and to full-time post-secondary students.

This program pays transportation costs for young people and their leaders participating in group exchanges. Each group must have 10 to 40 members and be paired with a similar group from another part of Canada. Applicants must be Canadian citizens or landed immigrants.

For further information, consult the nearest regional office of the Secretary of State Department, or write to:

Open House Canada
Citizens' Participation
Secretary of State
Ottawa, Canada
K1A 0M5
Tel.: (819) 994-1313

Serving and working abroad

The federal government provides funds to several non-government organizations that offer opportunities for Canadians to participate in international development projects. Brief descriptions of these organizations follow.

World University Service of Canada

This organization draws its supports from 800 members on 50 campuses across Canada. It is involved with many international development projects and is also the agency responsible for recruiting qualified candidates to serve as United Nations volunteers. These volunteers must be in good health and at least 21 years old. For further information, write to:

World University Service of Canada
Post Office Box 3000, Station C
Ottawa, Canada
K1Y 4M8
Tel.: (514) 342-6880

Canada World Youth

Canada World Youth gives Canadians between the ages of 17 and 20 the opportunity to live and work in third-world countries and in different parts of Canada.

Groups of young people from Canada and one of the various exchange countries work as volunteers in a Canadian community for approximately three months. Then, for the next three months, they work in the exchange country. For further information, write to:

Canada World Youth
General Secretariat
4824, chemin de la Côte-des-Neiges
Montreal, Quebec
H3V 1G4
Tel.: (514) 342-6880

Canadian Crossroads International

This agency, which also receives federal financial support, is active in a number of areas geared to promoting international co-operation and a better understanding among people. It enables young people 19 years of age or older to live and work in third-world countries for approximately four months. They learn the way of life of the host country and participate in various projects. For further information, write to:

Canadian Crossroads International
Crossroads House
31 Madison Avenue
Toronto, Ontario
M5R 2S2
Tel.: (416) 967-0801

International Co-operation Study Centre

Supported in part by the federal government, this agency provides specific training for young people with the necessary qualifications. Applicants must be approved by a selection committee. Activities include teaching, social work, health and rural development. For further information, write to:

International Co-operation Study Centre
4824, chemin de la Côte-des-Neiges
Montreal, Quebec
H3V 1G4
Tel.: (514) 738-1999

International exchange programs

Some 40 international exchange programs offer summer jobs for post-secondary students. Successful applicants work abroad, in various fields, for periods of six weeks to four months. The jobs offered are not necessarily career-related.

There is also an **International Young Workers Program** offering employment opportunities for up to 12 months.

For further information, contact your nearest Canada Employment Centre.

* * *

This brochure has provided an overview of a number of programs and services available to young people in Canada. However, there are other programs and services provided or assisted by the federal government. Contact the appropriate departments and agencies to find out about other programs for young people that might interest you.

The following publications describing federal programs and services are available free of charge. Should you wish to receive any or all of these publications please complete the order form.

- ☐ 300-E The Government of Canada at your service
- ☐ 301-E The Government of Canada and the working person
- ☐ 302-E The Government of Canada and the consumer
- ☐ 303-E The Government of Canada and world affairs
- ☐ 304-E The Government of Canada and the small business

Should you require more than one of these items, please write a brief letter explaining how they will be distributed and to whom.

- ☐ 305-E The Government of Canada and the senior citizen
- ☐ 308-E The Government of Canada and youth
- ☐ 309-E The Government of Canada and agriculture
- ☐ 310-E The Government of Canada and women
- ☐ 321-E The Government of Canada and the construction industry

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POSTAL CODE _____

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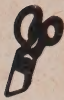
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